

WE ARE NOT READY FOR THE JOINT REPLACEMENT!

18th March, 2022

Krepšinio namai, Kaunas

Will be held live and available online

Registration: info@lthealth.lt

More information at www.lthealth.lt

Time (EET)

Osteoarthritis session

- 9:00 - 9:20 - Unicondylar knee replacement for young and active patients. Pros and cons. *Prof. Šarūnas Tarasevičius (LT)*
- 9:20 - 9:40 - Preoperative HTO planning and miniinvasive HTO technique with FlexitSystem. *Céline Jemin and Maxime Dechelette (FR)*
- 9:40 - 10:00 - My clinical experience with scaffold collagen cartilage repair. *Edvinas Pranevičius (LT)*
- 10:00 - 10:20 - Articular cartilage treatment in ankle joint. *Vytautas Kimtys (LT)*
- 10:20 - 10:40 - *Short discussion*
- 10:45 - 11:00 - *Coffee break*

Anterior cruciate ligament session

- 11:00 - 11:20 - ACL reconstruction with PULLUP system. Clinical results and technical steps. *Dr. Philippe Colombet (FR)*
- 11:20 - 11:40 - ACL internal bracing with PULLUP and POWERTAPE. *Prof. Rimtautas Gudas (LT)*
- 11:40 - 12:00 - My ACL reconstruction technique. *Thomas Patt (NL)*
- 12:00 - 12:20 - *Short discussion*
- 12:30 - 13:30 - *Lunch break*

Anterior cruciate ligament injury prevention session

- 13:30 - 13:50 - Physiotherapy after PULLUP ACL reconstruction. Analysis with isokinetic dynamometer, Functional and Knee Laxity tests. *Petras Mikučionis (LT)*
- 13:50 - 14:10 - Blood Flow Restriction: Clinical implications after anterior cruciate ligament reconstruction. *Florian FORELLI (FR)*
- 14:10 - 14:30 - 3D functional analysis for injury risk determination. *Dr. Steffen Willwacher (DE), Patrick Mai (DE) and Dr. Aurelijus Domeika (LT)*
- 14:30 - 14:50 - Using a Public Health Approach to Prevent Sports Injuries: Lessons Learned from Five Years of Community Implementation. *Joseph Janosky (USA)*
- 14:50 - 15:10 - *Short discussion*
- 15:30 - *The end of the conference*